

# September-December 2017 Pool Schedule



4600 S Tennis Lane  
Sioux Falls, SD 57106  
(605) 361-0445  
joingreatlife.com

**ADULT SWIM – Must be 14 years old to swim.  
ONLY adult lap swimming allowed during Aqua Aerobics.**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	ADULT SWIM	ADULT SWIM	ADULT SWIM	ADULT SWIM	ADULT SWIM		
6:00am							
7:00am						ADULT SWIM	ADULT SWIM
8:00am						AQUA AEROBICS	
9:00am	AQUA AEROBICS	AQUA AEROBICS	AQUA AEROBICS		AQUA AEROBICS	FAMILY SWIM	FAMILY SWIM
10:00am	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM		
11:00am							
NOON							
1:00pm							
2:00pm							
3:00pm							LESSONS
4:00pm							
5:00pm							
6:00pm		AQUA AEROBICS		AQUA AEROBICS			
7:00pm		ADULT SWIM		ADULT SWIM			
8:00pm							
9:00pm							
10:00pm							

Woodlake offers private and group swim lessons. Call (605) 361-0445 or visit the front desk for more details.



**FAMILY SWIM** is a designated time for kids and families to come in and enjoy the pool.

- Please note there is NO LIFEGAUARD on duty and kids under 14 must have an adult with them at all times.
- Kids that are NOT potty trained must be in a swim diaper.
- Lap swimmers, be aware that families will be in the pool.



**AQUA AEROBICS** is led by a group fitness instructor and is meant for anyone 14 years or older.

- Classes are as easy or challenging as you make them, so all skill levels are welcome.
- ONLY adult lap swimming is allowed during Aqua Aerobics.



**ADULT SWIM** is a designated times when only members 14 and OLDER can be in the pool.



**LESSONS** are led by our Swim Team Lead Patrick Leach. Contact him at Patrick.Leach@joingreatlife.com for questions.

- Lessons will be taking place throughout the year. Please respect the instructors that are teaching.
- When lessons are in session, the pool is **CLOSED** to the public. If lessons are NOT in session, the pool is open for Family Swim.
- Please ask the Member Support team if you have any questions.

GREATLIFE'S MISSION IS TO ENRICH THE LIVES OF FAMILIES AND INDIVIDUALS THROUGH GOLF, FITNESS AND HEALTHY LIFESTYLES.

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