



Hot Hit of the Week

Experience all that GreatLIFE classes and instructors have to offer!
Check out the **FREE HOT CLASSES** we are highlighting each month.

Tuesday January 8rd 5:45 pm Hot Yoga Sculpt with Laura

Thursday, January 17th 9:00 am Hot Vinyasa with Karla

Friday, January 25th 5:30 am Hot Yoga Sculpt with Val

Tuesday, January 29th 5:30 am Hot PiYo with Tammy

Monday, February 4th 5:30 am Hot Power with Kyla

Wednesday, February 13th 12:15 pm Hot Vin Express with Jennifer

Wednesday, February 20th 7:00 pm Hot Buti with Kyla

Friday March 1st 9 am Hot Vinyasa with Dandan

Monday, March 4th 12:00 pm Hot Yoga Burn with Katie

Wednesday, March 13th 5:45 pm Hot Power with Diana

Monday, March 25th 7 pm Hot Power with Julia

Wednesday, April 3 4:30 pm Hot Sculpt with Leanna

Thursday, April 11 5:45pm Hot Alignment with Kurt

Friday, April 19 12:00pm Hot Yoga Sculpt with Karla

Monday 22nd 5:30 am Hot Power with Kyla

GREATLIFE'S MISSION IS TO ENRICH THE LIVES OF FAMILIES AND INDIVIDUALS THROUGH GOLF, FITNESS AND HEALTHY LIFESTYLES.

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