



September 1 - December 31, 2021

Pool Schedule

Woodlake Hours: Monday - Friday 5 AM - 10 PM

Saturday 7 AM - 9 PM; Sunday 10 AM - 9 PM

Pool closes one hour before the facility closes.

Aqua Aerobics

PLEASE NOTE: Open Swim/lap swim are not available during class. Led by a group fitness instructor and meant for anyone 14 years or older. Class size is limited. Reserve your spot for class in the GreatLIFE app!

Family Swim

All Members can enjoy the pool during this time. Those under 14 MUST be supervised by an adult (18+).

Swimming Lessons

Our pool does not shut down during lessons, but lessons may take place during family swim time. Please be mindful of others in the pool at that time.

REGULAR CLASSES WILL NOT BE HELD ON HOLIDAYS.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00 AM	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim		
6:00 AM									
7:00 AM								Family Swim	
8:00 AM								Aqua Aerobics	
9:00 AM	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics		Aqua Aerobics				
10:00 AM	Family Swim	Family Swim	Family Swim		Family Swim			Family Swim	Family Swim
11:00 AM									
NOON									
1:00 PM									
2:00 PM									
3:00 PM									
4:00 PM	Family Swim/Lessons	Family Swim/Lessons	Family Swim/Lessons	Family Swim	Family Swim	Family Swim/Lessons			
5:00 PM									
6:00 PM	Aqua Aerobics	Aqua Aerobics	Family Swim/Lessons	Aqua Aerobics	Family Swim				
7:00 PM	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim			
8:00 PM									
9:00 PM									

GreatLIFE's Mission is To Enrich The Lives of Families and Individuals Through Golf, Fitness and Healthy Lifestyles.