



Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM							
6:00 AM							
7:00 AM							
8:00 AM						Aqua Aerobics	
9:00 AM	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics	Aqua Aerobics		
10:00 AM							
11:00 AM							
NOON							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM			Family Swim + SafeSplash Lessons				Family Swim + SafeSplash Lessons
5:00 PM							
6:00 PM	Aqua Aerobics	Aqua Aerobics		Aqua Aerobics			
7:00 PM							
8:00 PM							
9:00 PM							

Family Swim

All Members can enjoy the pool during this time. Those under 14 MUST be supervised by an adult (18+).

Swimming Lessons

Our pool does not shut down during lessons, but lessons may take place during family swim time. Please be mindful of others in the pool at that time.

Aqua Aerobics

Led by a group fitness instructor and meant for anyone 14 years or older. Class size is limited. Reserve your spot for class in the GreatLIFE app!

PLEASE NOTE: Open Swim/Lap Swim are not available during class.

Woodlake Hours: Monday - Friday 5 AM - 10 PM

Saturday 7 AM - 9 PM; Sunday 10 AM - 9 PM

Pool closes one hour before the facility closes.

REGULAR CLASSES WILL NOT BE HELD ON HOLIDAYS.